

## **July 2023**

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Breakfast: Milk, Apple Juice, Cheerios  Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples  Snack: Oranges, Animal Crackers	4 Independence Day ACADEMY CLOSED	<b>5</b> Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	<b>6</b> Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
<b>10</b> Breakfast: Milk, Mixed Fruit, Kix Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll  Snack: String Cheese, Chex Mix	## Together Project States of Charles of Cha	## 12  Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	14 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
17  Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	18 Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	19 Breakfast: Milk, Oranges, Waffles Lunch: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	<b>20</b> Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	<b>21</b> Breakfast: Milk, Orange Juice, Cheerios  Lunch: Milk, Spaghetti, Green Beans, Pears, Roll  Snack: Strawberries, Animal Crackers
<b>24</b> Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	25  Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	26  Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	<b>27</b> Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	28 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
<b>31</b> Breakfast: Milk, Oranges, Cheerios  Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll  Snack: Pears, Animal Crackers				

#### **Holidays and Upcoming Events:**

7/4 – Independence Day (Academy will be Closed)



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### August 2023

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
	## Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	<b>2</b> Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	<b>3</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	4 Breakfast: Milk, Strawberries/Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Beef-a- roni, Corn, Applesauce, Roll Snack: Yogurt, Goldfish
<b>7</b> Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	<b>9</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	### Transpart   ### Transpart
Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	15 Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef- a-roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	18 Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
<b>21</b> Breakfast: Milk, Mixed Fruit, Kix  Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll  Snack: String Cheese, Chex Mix	Breakfast: Milk, Peaches, Bagels w/Cream Cheese Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers	<b>23</b> Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	25 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
<b>28</b> Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	<b>29</b> Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	Breakfast: Milk, Oranges, Waffles Lunch: Milk, Hotdog (No Pork Substitution - Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	31  Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast  Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll  Snack: String Cheese, Cantaloupe	

#### **Holidays and Upcoming Events:**

8/14 - FIRST DAY OF SCHOOL



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### September 2023

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Breakfast: Milk, Orange Juice, Cheerios  Lunch: Milk, Spaghetti, Green Beans, Pears, Roll  Snack: Strawberries, Animal Crackers
4	5	6	7	8
Labor Day  ACADEMY  CLOSED	Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	14  Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	15 Breakfast: Milk, Strawberries/Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Beef-a- roni, Corn, Applesauce, Roll Snack: Yogurt, Goldfish
18 Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution - Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	<b>20</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	<b>21</b> Breakfast: Milk, Grapes, Cheese Toast  Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
25 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution - Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	26 Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	28 Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	<b>29</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Park Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe

#### **Holidays and Upcoming Events:**

9/4— Labor Day (Academy Closed) 9/20 — Open House @ 5:30pm-6:30pm





### October 2023

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Breakfast: Milk, Mixed Fruit, Kix  Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll  Snack: String Cheese, Chex Mix	<b>3</b> Breakfast: Milk, Peaches, Bagels w/Cream Cheese  Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers	## Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	<b>5</b> Breakfast: Milk, Strawberries/Apples, French Toast  Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	<b>6</b> Breakfast: Milk, Apple Juice, Cheerios  Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples  Snack: String Cheese, Cantaloupe
<b>9</b> Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	## 10  Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	11 Breakfast: Milk, Oranges, Waffles Lunch: Milk, Hotdog (No Pork Substitution - Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	## 12  Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	13 Breakfast: Milk, Orange Juice, Cheerios Lunch: Milk, Spaghetti, Green Beans, Pears, Roll Snack: Strawberries, Animal Crackers
16 Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	18 Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	19 Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
<b>23</b> Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	<b>24</b> Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	<b>25</b> Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	26 Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	<b>27</b> Breakfast: Milk, Strawberries/Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Beef-a- roni, Corn, Applesauce, Roll Snack: Yogurt, Goldfish
Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution - Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice			

#### **Holidays and Upcoming Events:**

10/28- Pastor-Mr. Barhoo Birthday!!



### **November 2023**

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	<b>3</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
<b>6 Breakfast:</b> Milk, Apple Juice, Cheerios <b>Lunch:</b> Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples <b>Snack:</b> Oranges, Animal Crackers	<b>7</b> Breakfast: Milk, Pineapple Tidbits, Pancakes  Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll  Snack: Tropical Fruit, Goldfish	<b>8</b> Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	<b>9</b> Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
Breakfast: Milk, Mixed Fruit, Kix Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll Snack: String Cheese, Chex Mix	Breakfast: Milk, Peaches, Bagels & Cream Cheese Lunch: Milk, Salisbury Steak, Green Beans, Rice, Whole Grain Roll, Tropical Fruit Snack: Yogurt, Animal Crackers	15  Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	Veterans Day  17  Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
<b>20</b> Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	<b>21</b> Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	<b>22</b> Breakfast: Milk, Oranges, Waffles  Lunch: Milk, Hotdog (No Pork  Substitution – Chicken Nuggets),  Tater Tots/Carrots, Grapes  Snack: Oranges, Graham Crackers	Thanksgiving ACADEMY CLOSED	24 Thanksgiving Break ACADEMY CLOSED
Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	<b>28</b> Breakfast: Milk, Pears, Bagels w/Cream Cheese  Lunch: Milk, Homemade  Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll  Snack: Yogurt, Goldfish	<b>29</b> Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	

#### **Holidays and Upcoming Events:**

11/10 – Veteran's Day (No school for VPK, Elementary and Middle School) - Child Development Center (CDC) will be open

11/22-24 – Thanksgiving Holiday (No school for VPK, Elementary and Middle School) - Child Development Center (CDC) will be open on 11/22

11/23-24 - Thanksgiving Holiday (Academy Closed)



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### December 2023

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
## Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution — Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	<b>5</b> Breakfast: Milk, Peaches, Pancake  Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll  Snack: String Cheese, Graham Crackers	6 Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	<b>7</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	<b>8</b> Breakfast: Milk, Strawberries/Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Beef-aroni, Corn, Applesauce, Roll Snack: Yogurt, Goldfish
Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution - Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	## 15  Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
18 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	19 Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	<b>20</b> Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	<b>21</b> Breakfast: Milk, Orange Juice, Kix  Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll  Snack: Pears, Graham Crackers	Christmas Break
Christmas Day  ACADEMY CLOSED	Christmas Break ACADEMY CLOSED	<b>27</b> Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	28 Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	<b>29</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe

#### **Holidays and Upcoming Events:**

12/18-1/2 - Winter Holiday (No school for VPK, Elementary and Middle School) Child Development Center (CDC) will be open except for dates listed below 12/22,25-26 - Christmas Break (Academy Closed)



#### Stay Up to Date by Visiting Us at www.lfa1.org



### January 2024

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
•	•	•	•	•
New Year's Day  ACADEMY CLOSED	New Year's Break  ACADEMY CLOSED	<b>3</b> Breakfast: Milk, Oranges, Waffles  Lunch: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	## Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	<b>5</b> Breakfast: Milk, Orange Juice, Cheerios  Lunch: Milk, Spaghetti, Green Beans, Pears, Roll  Snack: Strawberries, Animal Crackers
<b>8</b> Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	<b>9</b> Breakfast: Milk, Pears, Bagels w/Cream Cheese  Lunch: Milk, Homemade  Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain  Roll  Snack: Yogurt, Goldfish	Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
ML King's Day  ACADEMY CLOSED	16 Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	18 Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	ACTS CONFERENCE ACADEMY CLOSED
Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	<b>23</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	<b>24</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	25 Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	26 Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
<b>29</b> Breakfast: Milk, Apple Juice, Cheerios  Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples  Snack: Oranges, Animal Crackers	Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels		

#### **Holidays and Upcoming Events:**

1/1-2 - New's Years Holiday (Academy Closed)

1/4- Co-Pastor - Mrs. Barhoo Birthday!

1/15 - Martin Luther King Jr. Day (Academy Closed)

1/18-19 ACTS Conference Professional Development Day (No school for VPK, Elementary and Middle School)

Child Development Center (CDC) will be open on 1/18

1/19 - ACTS Conference Professional Development Day (Academy Closed)



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### February 2024

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	<b>2</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
<b>5</b> Breakfast: Milk, Mixed Fruit, Kix Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll Snack: String Cheese, Chex Mix	<b>6</b> Breakfast: Milk, Peaches, Bagels w/Cream Cheese  Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers	<b>7</b> Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	<b>8</b> Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	<b>9</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	Breakfast: Milk, Oranges, Waffles Lunch: Milk, Hotdog (No Pork Substitution - Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	## 15  Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	16 Breakfast: Milk, Orange Juice, Cheerios Lunch: Milk, Spaghetti, Green Beans, Pears, Roll Snack: Strawberries, Animal Crackers
President's Day  ACADEMY CLOSED	Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	<b>21</b> Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
<b>26</b> Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	<b>28</b> Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	<b>29</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	

#### **Holidays and Upcoming Events:**

#### 2/19 - President's Day (Academy Closed)



#### Stay Up to Date by Visiting Us at www.lfa1.org



### March 2024

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
				## Breakfast: Milk,  Strawberries/Pears, Bagels  w/Cream Cheese  Lunch: Milk, Homemade Beef-a- roni, Corn, Applesauce, Roll  Snack: Yogurt, Goldfish
<b>4</b> Breakfast: Milk, Pineapple Tidbits, French Toast Lunch: Milk, Corn Dog (No Pork Substitution – Chicken Nuggets), Tater Tots, Grapes, Roll Snack: Applesauce, Chex Mix	<b>5</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	<b>6 Breakfast:</b> Milk, Apple Juice, Cheerios <b>Lunch:</b> Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll <b>Snack:</b> Yogurt, Animal Crackers	<b>7</b> Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	## 12  Breakfast: Milk, Pineapple Tidbits, Pancakes  Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll  Snack: Tropical Fruit, Goldfish	Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	14  Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
18 Breakfast: Milk, Mixed Fruit, Kix Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll Snack: String Cheese, Chex Mix	Breakfast: Milk, Peaches, Bagels w/Cream Cheese Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers	<b>20</b> Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	<b>21</b> Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham	<b>22</b> Breakfast: Milk, Apple Juice, Cheerios  Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples  Snack: String Cheese, Cantaloupe
<b>25</b> Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	<b>26</b> Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	<b>27</b> Breakfast: Milk, Oranges, Waffles  Lunch: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	<b>28</b> Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	Good Friday ACADEMY CLOSED

#### **Holidays and Upcoming Events:**

3/18-3/22 — Spirit Week (We ask that all students participate.) — CDC & VPK are asked to come dressed in their pajamas 3/22

3/25-29 — Spring Break (No school for VPK, Elementary and Middle School) Child Development Center (CDC) will be open except for date listed below

3/29 - Good Friday (Academy Closed)



Stay Up to Date by Visiting Us at www.lfa1.org



## **April 2024**

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	<b>2</b> Breakfast: Milk, Pears, Bagels w/Cream Cheese  Lunch: Milk, Homemade  Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll  Snack: Yogurt, Goldfish	<b>3</b> Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	## Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	<b>5 Breakfast:</b> Milk, Apple Juice, Cheerios <b>Lunch:</b> Milk, Cheeseburger, Corn/Carrots, Grapes <b>Snack:</b> String Cheese, Animal Crackers
<b>8</b> Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	<b>9</b> Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken W/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	## 14 Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	## 12  **Breakfast: Milk,  Strawberries/Pears, Bagels  **w/Cream Cheese  **Lunch: Milk, Homemade Beef-a-  roni, Corn, Applesauce, Roll  **Snack: Yogurt, Goldfish  **Toda
## Tots   Tots    ## Tot	16 Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	18 Breakfast: Milk, Grapes, Cheese Toast Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll Snack: Pretzels, Pears	Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers
<b>22</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	<b>23</b> Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef-a- roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	<b>25</b> Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	26 Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
<b>29</b> Breakfast: Milk, Mixed Fruit, Kix  Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll  Snack: String Cheese, Chex Mix	Breakfast: Milk, Peaches, Bagels w/Cream Cheese Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers			

#### **Holidays and Upcoming Events:**



### May 2024

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		## Decided Control of the Control of Control	<b>2</b> Breakfast: Milk, Strawberries/Apples, French Toast  Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham	<b>3</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
<b>6</b> Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	8 Breakfast: Milk, Oranges, Waffles Lunch: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots/Carrots, Grapes Snack: Oranges, Graham Crackers	<b>9</b> Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	## 10  Breakfast: Milk, Orange Juice, Cheerios  Lunch: Milk, Spaghetti, Green Beans, Pears, Roll  Snack: Strawberries, Animal Crackers
Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	15 Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	16 Breakfast: Milk, Apples, French Toast Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll Snack: Oranges, Graham Crackers	17 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers
<b>20</b> Breakfast: Milk, Oranges, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Baked Beans, Carrots, Grapes, Roll Snack: Pears, Animal Crackers	<b>21</b> Breakfast: Milk, Peaches, Pancake Lunch: Milk, BBQ Chicken w/Rice, Sweet Potatoes/Yams, Tropical Fruit, Roll Snack: String Cheese, Graham Crackers	Breakfast: Milk, Apple Juice, Grits & Eggs Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Mandarin Oranges, Chex Mix	<b>23</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Turkey w/Cheese Sandwich, Broccoli, Tropical Fruit Snack: Cantaloupe, Pretzels	<b>24</b> Breakfast: Milk, Strawberries/Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Beef-a- roni, Corn, Applesauce, Roll Snack: Yogurt, Goldfish
Memorial Day  ACADEMY CLOSED	<b>28</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Oven Fried Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Apple Juice	<b>29</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Salisbury Steak, Mashed Potatoes, Broccoli, Peaches, Roll Snack: Yogurt, Animal Crackers	<b>30</b> Breakfast: Milk, Grapes, Cheese Toast  Lunch: Milk, Mac n Cheese W/Ham (No Pork Substitution – Turkey), Green Beans, Tropical Fruit, Whole Grain Roll  Snack: Pretzels, Pears	<b>31</b> Breakfast: Milk, Orange Juice, Cinnamon Toast Crunch Lunch: Milk, Chicken Nuggets, French Fries, Carrots, Apples, Roll Snack: Oranges, Graham Crackers

#### **Holidays and Upcoming Events:**

5/27 - Memorial Day (Academy CLOSED)

5/28 - VPK Graduation @ 5pm (last day for VPK)

5/29 - AWARD ASSEMBLY @ 10AM & KG Graduation @ 5pm

5/30 - 5th grade Promotional Banquet @ 4pm & 8th grade Promotional Banquet @ 6pm

5/31 - FIELD DAY & Last Day for Elementary and Middle School Students



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### June 2024

Menu is Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Hotdogs (No Pork Substitution – Chicken Nuggets), Tater Tots, Apples Snack: Oranges, Animal Crackers	4 Breakfast: Milk, Pineapple Tidbits, Pancakes Lunch: Milk, Chicken Alfredo, Tossed Salad w/Tomatoes, Peaches, Roll Snack: Tropical Fruit, Goldfish	<b>5</b> Breakfast: Milk, Peaches, Scramble Eggs w/Whole Grain Toast Lunch: Milk, Homemade Beef- a-roni, Lima Beans, Applesauce, Roll Snack: Mandarin Oranges, Pretzels	<b>6</b> Breakfast: Milk, Orange Juice, Kix Lunch: Milk, BBQ Chicken w/Rice, Green Beans, Grapes, Roll Snack: Pears, Graham Crackers	<b>7</b> Breakfast: Milk, Strawberries/Apples, Oatmeal Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Carrots, Corn, Mixed Fruit Snack: Animal Crackers, Cantaloupe
Breakfast: Milk, Mixed Fruit, Kix Lunch: Milk, Chicken Nuggets, Lima Beans/Mashed Potatoes, Pineapples, Roll Snack: String Cheese, Chex Mix	Breakfast: Milk, Peaches, Bagels w/Cream Cheese Lunch: Milk, Salisbury Steak w/Rice, Green Beans, Tropical Fruit, Roll Snack: Yogurt, Animal Crackers	Breakfast: Milk, Orange Juice, Grits & Eggs Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Tossed Salad w/ Tomatoes, Oranges Snack: Applesauce, Pretzels	Breakfast: Milk, Strawberries/Apples, French Toast Lunch: Milk, Mac n Cheese w/Ham (No Pork Substitution – Turkey), Broccoli, Mixed Fruit, Roll Snack: Pears, Graham Crackers	<b>14</b> Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Sloppy Joe, French Fries/Carrots, Apples Snack: String Cheese, Cantaloupe
Breakfast: Milk, Apple Juice, Cinnamon Toast Crunch Lunch: Milk, Ham w/Cheese Sandwich (No Pork Substitution – Turkey), Tossed Salad, Tropical Fruit Snack: Yogurt, Chex Mix	18 Breakfast: Milk, Apples, Oatmeal Lunch: Milk, Shepherd's Pie, Mixed Veg., Peaches, Whole Grain Roll Snack: Pretzels, Applesauce	## 19  Breakfast: Milk, Oranges, Waffles  Lunch: Milk, Hotdog (No Pork Substitution – Chicken Nuggets), Tater Tots/Carrots, Grapes  Snack: Oranges, Graham Crackers	Breakfast: Milk, Mixed Fruit, Scramble Eggs w/Toast Lunch: Milk, Baked Chicken w/Rice, Black Beans, Oranges, Roll Snack: String Cheese, Cantaloupe	<b>21</b> Breakfast: Milk, Orange Juice, Cheerios  Lunch: Milk, Spaghetti, Green Beans, Pears, Roll  Snack: Strawberries, Animal Crackers
<b>24</b> Breakfast: Milk, Mixed Fruit, Cheese Toast Lunch: Milk, Chicken Nuggets, Mashed Potatoes, Apples, Roll Snack: Mixed Fruit, Chex Mix	25 Breakfast: Milk, Pears, Bagels w/Cream Cheese Lunch: Milk, Homemade Meatloaf w/Rice, Lima Beans, Pineapple Tidbits, Whole Grain Roll Snack: Yogurt, Goldfish	26 Breakfast: Milk, Strawberries/Grapes, Waffles Lunch: Milk, Pizza (No Pork Substitution – Turkey Sandwich/Cheese Pizza), Mixed Veg., Mandarin Oranges Snack: Pretzels, Applesauce	<b>27</b> Breakfast: Milk, Apples, French Toast  Lunch: Milk, Pull Chicken, Broccoli, Tropical Fruit, Whole Grain Roll  Snack: Oranges, Graham Crackers	28 Breakfast: Milk, Apple Juice, Cheerios Lunch: Milk, Cheeseburger, Corn/Carrots, Grapes Snack: String Cheese, Animal Crackers

#### **Holidays and Upcoming Events:**